

Workshop topics

Our method: Tango with sense and sensibility!

We teach tango for social dancing. That's why we focus on the basics, embrace, musicality – everything you need for the milonga. The movements can sometimes become more complex, but we believe that dancing beautifully to music is already quite challenging. That's why we focus on that.

We also suggest changing roles in class. This furthers improvisation, musicality, and communication between two active partners in the dance. Of course, anyone who prefers can dance in the classic role distribution, but we would like to encourage everyone to embark on the adventure of role swapping.

Notes on workshop selection

Please read all notes and descriptions carefully before deciding on specific topics. Our content is carefully structured and logically interlinked. Some topics overlap – we then deliberately consider them from different angles. If you are unsure, please ask us and we will be happy to provide additional information. Of course, we adapt each topic flexibly to your needs.

Please let us know which topics you have selected before publishing your advertisement.

Time required

We plan at least 1.5 hours per unit – more time allows us to go into even greater depth. Some topics generally require a little more space (see workshop descriptions).

Level

Our workshops are generally suitable for all levels. We always work on the quality of the movements and adjust the level of difficulty individually in class. Therefore, a rigid division into beginner, intermediate, and advanced is not necessary. Of course, each topic requires certain basics – for example, someone who has never danced an ocho should not immediately choose “rhythmic turns.”

If you still want to separate different levels, we can make almost any topic simple or complex as needed. And if you want to offer a course for absolute beginners, please discuss this with us in advance.

I. Caminar – The Heart of Tango

Our style is defined by the Caminar, walking in all its variations and with all its subtleties. We therefore present workshops that teach dancers the heart of our dance first and foremost. In the first workshop (Caminar Abrazados) in particular, we focus on presenting our tango philosophy and technique. It should be included wherever our audience does not yet know us. Everyone will learn something here!

Caminar abrazados – walking in an embrace

Tango is walking – and the embrace is our home. We work on inner and outer posture, dissociation, the embrace, and the harmonisation with the music. This creates a soft, sustained walk that immediately looks good and feels even better.

Caminar el compás y la pausa

We dance the pulse – and the silence in between. Alternating speeds, deliberate pauses, and varying step lengths make walking varied. This is also the cornerstone of all further musicality workshops.

Caminar in the crossed & parallel system

We discover the mechanics of both walking systems and switch effortlessly between them. In doing so, we also discover the different lanes, and our walking becomes varied and musical. The result: clarity in every track.

Elegant variations of Caminar

Elegance comes from technique and musicality. We refine the quality of each step, vary the length, and add subtle embellishments. A stylish toolbox for a confident performance at the milonga.

Asynchronous Caminatas

Leading and following don't always add up – and that's what makes it exciting. We explore different speeds and melody lines in pairs and curve these variations. Challenging, musical, and a real signature workshop.

2. Technique, Bodywork & Improvisation

In these workshops, we focus on body awareness, communication, and the precise execution of the basic elements. These greatly promote understanding of technique and structure. no learning of figures, just pure improvisation!

Bodywork & Technique (Solo)

Stable axis, clear center of gravity, lively relaxation: we prepare the body with targeted exercises. This creates balance, flow of movement, and presence. The ideal foundation for everything else – without a partner.

Embrace & relaxed communication

We discover organic, circular movements as a language in the couple. The focus is on a breathing, relaxed abrazo that enables precise communication. Less force, more clarity—and significantly more enjoyment. (Overlaps with Caminar Abrazados.)

Linear and Circular Ochos

We work out the difference between simple Milonguero Ochos and Ochos with pivots with the aim of optimally interpreting the music. Both roles are active and the dynamics of each movement can be consciously shaped. Prerequisite: A good axis and knowledge of both walking systems.

Pivots, ochos & linear turns

We develop the pivot based on opening spaces and combine it with steps to create elegant ochos. Then we apply what we have learned in freely improvised linear turns.

Goodby Grapevine

We creatively apply the principle of “steps + pivots” to freely design turns in the crossed system. This makes the molinete an option—not an obligation. More freedom and more improvisation.

Center of rotation & movement

We analyze centers of rotation in the body and translate this knowledge into concrete examples. This deepens the understanding of leading and following and makes complex movements easier. For anyone who really wants to understand technique. (Our nerdiest technique workshop!)

Do the Twist! – Dissociation in Action

Dissociation makes movements smooth, clear, and space-saving. We explore its many applications and improve movement quality and communication. For dancers with a good foundation who want to make noticeable progress.

From Linear to Curved

We “round off” linear elements and turn them into compact, turning movements. Perfect for tight dance floors and musical accents. An entertaining workshop with high practical value.

Criss-Cross

A seminar about the cross: clean technique, musically meaningful moments, and surprising variations for different music styles. For dancers with a solid foundation and variable speed. (Minimum 3 hours)

Leading & following in both roles

Role change sharpens perception. We lead and follow in both roles to deepen communication, clarity, and empathy. An eye-opener for role reversal newbies and old hands alike.

The active follower role

Within a mindful framework, the follower role becomes creative and co-creative. This naturally requires that both people really listen and speak. We show how active contributions remain harmonious and enrich the shared dance.

The creative couple: structure & improvisation

We vary simple exercises, break down familiar patterns, and reassemble them in surprising new ways. This allows your improvisational skills to grow without having to memorize figures. Clear, playful, and with many eye-openers.

Simple & Beautiful – Tango Basics in Fast Forward

Postura, Caminar, parallel & crossed system, pivots, and ochos – compactly refreshed. Ideal for revising technique and as a basis for more complex topics. For anyone who wants to build a solid foundation.

(Depending on the dancers' level of experience: 1.5–9 hours)

3. Musicality

Music is the reason we dance.

It touches us inside and out, sets us in motion, and gives meaning to every step. In these workshops, you will immerse yourself in the musical foundations of tango and discover how to consciously perceive rhythm, melody, and pauses. We will explore ways to translate these impulses into your dance and not only hear the music, but make it visible and tangible.

From the body to the music

Music begins in the body, not in the head. With playful exercises and small improvisations, we awaken intuition, timing, and presence. This creates a natural approach that carries over into partner dancing.

Cadencia – breathing and dancing phrases

Phrases end with relaxation – the cadencia. We consciously shape these moments: sometimes with a pause, sometimes with an elegant step. Your dance begins to breathe, it matures and comes to rest.

Simple rhythms & syncopation

We discover the most important rhythmic building blocks of tango and combine them with variable walking speeds. This creates a toolbox with which you can clearly express even complex melodies. A playful approach with depth.

Expression & dynamics

Delicate, round, striking, or powerful – each piece of music requires its own quality of movement. We experiment with step dynamics and transfer them to walking and simple movements. Subtle nuances with a big impact.

The hidden habanera & other puzzles

We dive into advanced rhythmic patterns: syncopated habanera, 3-3-2, triplets, and more. Prerequisites are confident basic rhythms and flexible speed. For those who want more than just the basic pulse.

Dancing the melody – Singing with your feet

Rhythm and melody are partners, not opponents. After a brief review of simple rhythms, we explore a melodic line in detail and translate it into movement. This opens the ear – and the body - to subtle accents.

Regular & irregular phrasing

Why does some music feel “easy” and other music feel “tricky”? We analyze phrase structures, listen closely, and translate our understanding into dance. An intensive booster for musicality and confidence.

Powerful musicality

More contrast, more energy, more expression. We work with accents, stops, and the quality of the steps so that powerful music remains elegant. Old habits are creatively broken.

Discover Di Sarli

30 years of music – from rhythmic playfulness to lyrical reveries. We listen to, analyze, and dance to Di Sarli's beautiful tangos. We expand our repertoire of expression and pauses. A celebration of elegance and clarity.

Biagi's rhythmic eccentricity

Biagi's tangos shine with idiosyncratic rhythms and phrasing. We learn to hear these special features and implement them playfully. Challenging, surprising, and very lively.

D'Arienzo – El Rey del Compás

In this workshop, we explore the typical elements of D'Arienzo's rousing tangos. Contrasts between acceleration and deceleration, soft and dynamic movements bring liveliness to the dance. Instead of rushing through the music, we learn to consciously enjoy it – for experienced dancers who want to be flexible with tempo and pauses.

Pugliese – Emotion without kitsch

Drama yes, theatricality no. We discover the calm, romantic sides of Pugliese and learn to dance dynamics socially. This makes intensity authentic – and suitable for the dance floor.

Canaro – Simple & beautiful

Clear beat, sweet melodies – perfect for beginners and a cornucopia for experienced dancers. We dance the different layers and show how “simple” becomes “expressive.”

The golden era between elegance & rhythm

We focus on orchestras that combine lyricism and rhythm: D'Agostino, Caló, Fresedo, Demare, and others. The interplay of moods challenges our adaptability – and enriches the dance.

Dos Grandes – D'Arienzo & Troilo

Tradition meets innovation: we compare the style, phrasing, and energy of two giants. Without “steps for orchestra” – instead, a deep understanding that shapes your entire dance.

Dos Grandes – D'Arienzo and Pugliese

Dancing with dynamism! We implement two classic tangos with different movement dynamics, which – combined with one or two complex rhythms – give our dance more expression.

Dos Grandes – D'Arienzo & Di Sarli

Two of the most important tango orchestras under the microscope. We look at characteristics and surprising rhythmic patterns, phrasing, instrumentation, and forms of expression. The application will be in “simple” movements, such as walking, but don't think this workshop will be easy.

Old rhythmic orchestras

A look at the late 1920s and early 1930s: Canaro, OTV, Fresedo, Lomuto... We combine lively rhythms with romantic moments and expand our musical repertoire.

Same but different – One tango, three orchestras (minimum 3 hours)

One piece, three interpretations: We explore history, structure, rhythm, and instrumentation. You will learn to confidently distinguish between styles and shape your dance accordingly.

Music & Music Design – Workshop for DJs & dancers by Melina

How do you build a milonga that is fun and keeps you moving? We talk about dramaturgy, selection, and the responsibility of traditional DJs – also exciting for dancers who want to listen and enjoy more consciously. (Several formats from 1.5–12 hours possible).

4. Special Topics & Moves

In these courses, we combine basic work with concrete examples of application. Depending on the course content, we also show a few interesting combinations, which can always be varied freely and should never be understood as rigid patterns.

In your arms – The abrazo

Everything about closeness, quality, and breathing in the embrace. We combine music, pauses, and subtle movements to create an intense but relaxed dance experience. For everyone who wants to feel and show genuine connection.

Elegant movements – Our favorite figures

We combine basic elements into flowing sequences. The figures are changeable and adapt to style, space, and music. An ideal conclusion to a weekend with lots of basics and musicality.

The discovery of slowness

Slow, solemn tangos invite you to enjoy yourself. We cultivate pauses, elegant embellishments, and conscious breathing in the embrace. A workshop for subtlety, depth, and maximum enjoyment. Depending on time, we will also present a classic movement à la Gavito.

Elegant variations of the cross

When danced deliberately and not automatically, the cross is a challenging, beautiful element. We show unusual resolutions and – depending on time – rare cross variations. Subtle, communicative, and very elegant.

Rhythmic ochos

From the crossed system, we develop milonguero ochos and vary them with traspiés. Depending on time, we also combine them with “real” ochos and present a rhythmic combination. Ideal for lively tangos and milonga.

Elegant ochos

After working on pivots and ochos, we create challenging ocho sequences. We implement them musically for slow, lyrical tangos. Elegant and flowing.

Changes of direction

Navigate confidently on the dance floor: we practice elegant turns and quick, clear changes. Turned elements add variety – always with an eye on the flow of the dance and the other couples. Practical, safe, and stylish.

Tango Milonguero – The Survival Guide

Chaos-free milongas are possible! We talk about cabeceo/mirada, dance flow, and etiquette. With discussion, exercises, and lots of tips for relaxed evenings on crowded dance floors.

Playing with the Ocho Cortado

We dance the classic Ocho Cortado and vary it musically and structurally. This trains your improvisation skills and frees you from automatisms. A must-have for the dance floor!

Walking turns

We develop turns that move in the ronda – from simple walking steps to more complex structures. Depending on the level, we integrate alteraciones and crosses. For elegant navigation in motion.

Elegant turns

Soft, flowing turns for solemn music. After thorough technical work, we show classic examples with fine details. Perfectly formed and enjoyable.

Rhythmic turns

Rhythmic turns suitable for the dance floor with playful variations. Often simple in structure, but musically rich. Perfect for rhythmic tangos, valsés, and milongas.

Forward step turns with variations

We synchronize forward steps around the leader and vary rhythmically and through changes of direction. Embellishments add spice – always suitable for the dance floor. Technically clear and musically free.

Entradas & Sacadas

We define technique and differences precisely and apply them without choreography. Depending on the level, we first focus on entradas and then add sacadas. Depending on the time available, we present simpler or more challenging variations.

Elegant turns with entradas

After working on the technique of entradas, we develop complex turns. Particularly challenging in a close embrace – with impressive effect. For advanced dancers.

On & Off Axis – Social Volcadas & Colgandas

We develop the feeling and technique for confident dancing off-axis. Mini-Volcadas and Colgandas – made suitable for the dance floor. Controlled, enjoyable, and subtle. (With only 1.5 hours available, there will be either colgandas or volcadas.)

5. The Other Rhythms

Vals and milonga are not simply faster tango with more turns, but independent musical styles with their own energy and character. In these workshops, we therefore deal extensively with their musical forms of expression. We explore how rhythm, phrasing, and mood shape our dancing – from the lively vals to the earthy milonga.

Milonga Lisa – Rhythm & Joy of Playing

Milonga does not require complicated steps. We focus on clear, rhythmic walking and combine basic elements into simple but effective combinations. Danceable, lively, and full of groove.

Milonga con Traspíe

After solid groundwork, we organically integrate traspíes into familiar movements. Depending on time, we work on classic sequences with a twist – always musical and suitable for the dance floor. The key to lightness in fast music.

Crazy crosses for the milonga

Diagonals instead of complex cross choreographies: we play with simple crosses and – depending on the level – combine them with traspíes. Ideal for crowded dance floors with little space.

More milonga moves

For those who are familiar with our milonga workshops: we show sophisticated examples with and without traspíe. Small, agile, musical – and variable at any time.

Relaxation & dynamic for milonga (seminar, at least 3 hours)

Fast music, relaxed body: We combat milonga fatigue with rhythmic variations, traspíes, and variable movements that spice up your repertoire – without stress, completely relaxed!

Vals – Flow & pause

Vals is more than “fast, faster, turn.” We discover islands of calm in the music and alternate between floating, pauses, and rhythmic energy. If time allows, we will present an example movement.

Vals—The rhythms

We explore the diversity of 3/4 rhythms and apply them in the caminar. Familiar movements take on new life in the vals. Challenging and with great eye-openers..

Vals – Complex Corridas

We vary the caminar with track- and system-changes and asynchronous patterns. Rhythmic diversity meets clear technique. For experienced dancers or after attending the basic workshop.

Vals – Girar y nada más

We implement a variety of rhythmic variations in turning movements. Sounds easy, but it's not – yet it is tremendous fun. For advanced dancers or those with prior knowledge of Vals musicality.